INSIDE

A news update for friends of Virginia Mason Medical Center

David and Susan Moffett 2013 Recipients of the Meurk Distinguished Service Award

David (Dave) and Susan Moffett, longtime Virginia Mason supporters, were recognized for their outstanding leadership and commitment on Sept. 26 with the 13th Annual Meurk Distinguished Service Award.



David and Susan Moffett

Dave and Susan are no strangers to philanthropy, having served on various outdoor-focused non-profit boards and numerous civic groups throughout the Puget Sound region.

The Moffetts' involvement with Virginia Mason began in 1985 as donors to the organization. In 1991, Dave joined the Virginia Mason Board of Governors and still serves on it today. He also served on the Virginia Mason Health Systems Board for eight years, providing significant financial expertise. Susan has been there every step of the way, sometimes working behind the scenes, with equal passion and dedication.

For nearly 30 years, the Moffetts have given generously of their time, talent and finances to Virginia Mason. Virginia Mason has

been extremely fortunate to have had their leadership, dedication and support. Congratulations to Dave and Susan, the 2013 Meurk Distinguished Service Award recipients!



Virginia Mason Foundation Donors Help Revolutionize Treatment of Digestive Diseases

Earlier this year, 850 guests attended the Dreambuilders' Ball and raised more than \$1 million for the Digestive Disease Institute (DDI) to upgrade the facility with patients' comfort and medical needs in mind.

The need for expanded and customized facilities is highlighted by the 60 to 70 million Americans that are affected by digestive diseases each year. Most digestive diseases are complex with slight symptoms, but they can affect anyone of any age, race, ethnicity, gender or socioeconomic status. One type of digestive disorder, irritable bowel disease, which includes Crohn's disease and ulcerative colitis, affects nearly 1 million people.

The Digestive Disease Institute sees these numbers as an opportunity to provide unparalleled care to patients who suffer from chronic and acute disorders. Virginia Mason Foundation donors have teamed up with DDI to create facilities that will transform the delivery of digestive disease care for Virginia Mason patients. These new facilities have upgraded exam rooms and expanded recovery rooms that provide more patient privacy and comfort. Co-locating the gastroenterologists, surgeons, nurses, oncologist, pathologists and radiologist allows for a collaborative and specialized treatment plan.

We are extremely thankful to our committed donors whose generosity helped make these advances possible. Visit the Digestive Disease Institute at VirginiaMason.org/DDI.

Top right: Dr. Andrew Ross performs a procedure in the new DDI facilities.

Right: Natalie Brullotte, RN, Asma Siddique, MD, and Kris Kowdley, MD, review a patient's liver imaging.





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First Saturday Open Clinics



Virginia Mason is always looking for ways to put the patient first. To make access to health care easier and more efficient, Virginia Mason's primary care clinics are open every Saturday, and now a select number of specialty care clinics are open the first Saturday of every month. Appointments can be scheduled at the Seattle Main Campus, Virginia Mason Bainbridge

Island, Virginia Mason Bellevue, Virginia Mason Federal Way, Virginia Mason Issaquah, Virginia Mason Kirkland, Virginia Mason Lynnwood and Virginia Mason Sand Point Pediatrics by calling (888) VM-CARES or (888) 862-2737.

Virginia Mason Ranked Most Affordable Hospital in Seattle by Puget Sound Business Journal

In an article published this September, Virginia Mason was ranked considerably more affordable than other area hospitals by the Puget Sound Business Journal. Virginia Mason was the most affordable option 49 percent of the time. The article also highlighted Virginia Mason Chairman and CEO Gary S. Kaplan, MD, for his leadership. And, it mentioned the Virginia Mason Production System, which aims to reduce health care costs while providing better

Read the complete article at: bizjournals.com/ seattle/blog/health-care-inc/2013/09/virginiamason-ranks-the-most.html

health outcomes for patients.





Boeing Classic

John Riegger held off some of professional golf's most notable names, including Seattle native Fred Couples, to become the 2013 champion of The Boeing Classic. The region's premier golf event featured a record 86,000 spectators and was supported by approximately 1,000 volunteers. In just nine years, more than \$4 million has been raised for local non-profits, including Benaroya Research Institute at Virginia Mason.



Grapes on the Green

Grapes on the Green 2013 drew a crowd of nearly 300 guests to The Golf Club at Newcastle on Aug. 23. Annie Shultz, guest speaker and Benaroya Research Institute clinical research trial participant, shared her experiences living with type 1 diabetes and testing an experimental artificial pancreas from BRI. The event raised nearly \$350,000 to support BRI in its mission to eliminate autoimmune diseases, including type 1 diabetes.



Corporate Partner Breakfast

Virginia Mason Health System Chairman and CEO Gary S. Kaplan, MD (right), and Virginia Mason Foundation Interim President Jeanne Jachim with Corporate Partner Breakfast featured partner Brian Stading, President, Northwest Region, CenturyLink Sept. 26 at the Fairmont Olympic Hotel in Seattle. The breakfast provides an opportunity to recognize our Corporate Partners for their generous philanthropic support and to share progress on Virginia Mason's efforts to transform health care in the workplace and in our community.