

### Virginia Mason Foundation Welcomes New President, Jeanne Jachim



Please join us in congratulating Jeanne Jachim on a well-deserved promotion to President, Virginia Mason Foundation and Vice President, Virginia Mason.

Jeanne began her career at Virginia Mason in 1999 and was responsible for developing and managing individual giving programs including events, major gifts and the annual fund.

In addition, she designed the strategy for and ran the successful \$100 million Transforming Healthcare Campaign.

Jeanne has served as the interim president since August 2013. Under her leadership the Foundation will continue to support Virginia Mason's efforts to provide excellent care to *Each Person, Every Moment* and strengthen our commitment to *Better Never Stops.* 

### Jeanne Jachim

### A Gift that Keeps on Giving: Supporting Resident Education through Simulation Training



From left, Jennifer Bernstein, training coordinator, GME; Rob Hsiung, MD, simulation director; Brian Owens, MD, medical director, GME; Mike Mulroy, MD, anesthesiologist (retired); and Gillian Abshire, RN, director, GME. or the past 37 years, Michael Mulroy, MD, has been teaching residents how to become great physicians and providing exceptional care to patients. A prominent figure in the Department of Anesthesiology and Graduate Medical Education program (GME), Dr. Mulroy's dedication to patient safety and passion for simulation training was known to many.

When he retired in April, Dr. Mulroy made a donation to support simulation training for residents, faculty and team members at Virginia Mason. His thoughtfulness touched his colleagues who were moved by the generosity of his gift and the flexibility he granted the department in using the funds. "His gift creates a fund focused on improving education through innovation and simulation training and is critical to Virginia Mason's vision to transform healthcare and GME's vision to transform medical education," said Brian Owens, MD, medical director, Graduate Medical Education.

Simulation helps improve patient safety through effective training of providers in critical processes and skills before they must use them in a real clinical setting. SimMan, a mannequin that can simulate real medical scenarios, is employed by numerous teams around Virginia Mason to help them prepare and refine their systems when responding to future critical situations.

With his gift, Dr. Mulroy has created a legacy of providing the next generation with enhanced access to simulation training so they can become outstanding health care providers who always put patient safety first.

### Graduate Medical Education

The Graduate Medical Education program at Virginia Mason, a premier teaching hospital, provides residents with continued education and training in eight distinct specialties. Residents receive additional training using a realistic patient simulator mannequin programed with hundreds of health-related scenarios to prepare them for a variety of medical situations.



A Virginia Mason team member practices on a patient simulator.

### Patients Help to Celebrate National Doctors' Day

Nearly 800 patients took time to recognize their Virginia Mason physicians March 30 in honor of National Doctors' Day. Having started in 1933, the day was approved by the United States Senate and the House of Representatives in 1990 as a national holiday. Now the event is celebrated around the country and in several other countries around the world.

Patients had the opportunity to thank their doctor(s) for the care they or a loved one had received. Hundreds of notes of gratitude were distributed to Virginia Mason physicians. The sentiments ranged from short and sweet to emotional letters often thanking nurses and other team members, as well. Virginia Mason also received an overwhelming number

"I appreciate the excellent care I have received from my doctor and his staff for the past 15 years! Thank you Happy Doctors' Day!"

" I want to thank you, doctor, for you excellent care and taking the time to chat with me during my visits. I always feel as if I'm visiting a good friend who is also my favorite physician!"

> of contributions in commemoration of Doctors' Day. We are honored and grateful to all our patients for taking the time to honor their physicians and health care teams, and for their generosity. Your kind words lets us know we are making a difference, and gives us the strength and determination to continue our journey to transform healthcare and deliver the highest quality of care to *Each Person, Every Moment*.





### Partnerships in Environmental Sustainability

Emerald Services and Cedar Grove are locally and familyowned companies with roots in this region dating back to 1938 — you may have known Seattle Disposal, Rabanco or Northwest Waste Industries. Today, they offer green solutions including one-stop recycling and environmental services throughout the Northwest.

Emerald Services and Cedar Grove provide tremendous philanthropic support to Virginia Mason through the Corporate Partner Program and the Boeing Classic golf tournament. Through this partnership, the Boeing Classic earned a 98 percent recycling rate, one of the highest in PGA tournament history. This was done by collecting all organic materials at the event and turning it into compost, which went directly back into the gardens and landscapes at TPC Snoqualmie Ridge, home of the Boeing Classic.

"We aim to be good community stewards," said Steve Banchero, CEO of Emerald Services and Cedar Grove. "Our partnership with Virginia Mason is a reflection of shared values — innovative organizations, committed to caring deeply and tangibly for the community, and striving for zero waste."

While recognized for providing green jobs and significant economic benefit to this region, both companies firmly believe in investing and serving in the communities in which they operate. In fact, Cedar Grove was recently honored with the Secretary of State's *Corporations for Communities Award* for their engagement. They understand the value of giving back, providing college scholarships and internships to local high school students through their "Seeds for Scholars" program, and by supporting multiple non-profit organizations like Seattle Tilth, Marysville and Maple Valley Food Banks, Marysville YWCA and Boys and Girls Club, school and community gardens.



### Caring for Our Patients and the Earth

In 2008, Virginia Mason created EnviroMason, a program to incorporate environmental sustainability with health care. Virginia Mason was the first hospital in the region to start recycling and composting food waste. We are proud to have been named as one the 50 Greenest Hospitals in America for 2013 by Becker's Hospital Review and one of only 125 healthcare organizations to receive the Environmental Protection Agency's Energy Star Certification.

Over the past six years, much has been accomplished to help reduce our carbon footprint. Our energy and water conserving practices have saved almost 8 million kilowatt hours and more than 6 million gallons per year. Between 2009 and 2013, Virginia Mason diverted more than 2,500 tons of waste from the landfill.

In addition, we employ green cleaning by substituting harsh cleaners and disinfectants with others that are gentler on the environment and people. We are serving local and sustainably sourced food in our cafeteria. Virginia Mason team members have also volunteered to create the "green team," which focuses on ways to increase and promote environmental initiatives at the regional medical centers.

Virginia Mason believes that by taking care of the environment, we are also taking better care of our patients. As a sustainable health care leader, we can provide high-quality care while reducing cost and preserving the environment for future generations.



### **Chefs' Dinner**

The 2014 Chefs' Dinner Jan. 19 was attended by more than 400 guests and raised a recordbreaking \$350,000 for the clients and programs at Bailey-Boushay House.

From left: Brian Knowles, Bailey-Boushay House executive director; Marie Dunn, supporter; guest speakers Leanne and Joe Erickson, who described the invaluable care provided by Bailey-Boushay House to their daughter, Melissa.



### **Dreambuilders' Ball**

A record-breaking \$1.5 million was raised at the 23rd annual Virginia Mason Dreambuilders' Ball May 10 at The Westin Seattle. The beneficiary for this year's gala was Transforming Health Care: The Surgical Suites on Level 3 of the Floyd & Delores Jones Pavilion.

Virginia Mason Dreambuilders' Ball 2014 co-chairs from left: Peter and Kelly McLoughlin (Seattle Seahawks), Dr. Steven and Cynthia Kirtland (Virginia Mason), and Stacy and Greg Lill (DeLille Cellars).



### **Boeing Classic 10th Anniversary**

Ten years ago, the Boeing Classic was the newest sporting event in Seattle. Today, it proudly stands as the region's premier golf event and has raised nearly \$5 million for Greater Seattle charities, including Benaroya Research Institute at Virginia Mason. But the Boeing Classic is more than a golf tournament it's an event for all ages on a picture-perfect Northwest backdrop at TPC Snoqualmie Ridge.

Mark your calendar and join us Aug. 18-24 for the 10th anniversary of the Boeing Classic!

## A Virginia Mason

# A NEWS UPDATE FOR FRIENDS OF VIRGINIA MASON

### Inside this issue...

Jeanne Jachim Named New Virginia Mason Foundation President

> A Gift that Keeps on Giving

Patients Help Celebrate National Doctors' Day

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